



# ***Free and Low-Cost Health Care for Children and Pregnant Women***

***A healthier tomorrow  
starts today!***

**Free and low-cost health  
care, including:**

- Preventive Care
- Prenatal Care
- Doctor Visits
- Vision/Dental Care
- Mental Health
- Prescriptions
- Hospital Stays
- Emergency Visits

## **Apply now for Medi-Cal and Healthy Families.**

Follow these steps:

- ① Fill out the application inside.
- ② Send us copies of the documents listed on page 2.
- ③ If you are pregnant, see page 5.
- ④ Sign and mail the application.



## **Who can apply?**

- Children under the age of 19 from low-income and working families
- Pregnant women

Children and pregnant women who do not have immigration papers may still qualify for some Medi-Cal.

## **How much does it cost?**

Medi-Cal is free. Healthy Families is \$4 – \$15 per child, per month.

## **Want to know if you qualify?**

It depends on your family size, income, and age of the child. See the chart on the back cover.

## **We can help you apply for free!**

- On the phone – We can help you fill out your application on the phone.
- In-person – A trained assistant can meet with you.
- We can help you in any language!

Call: **1-800-880-5305** or TDD: **1-800-735-2929**

Monday – Friday: 8 a.m. – 8 p.m.,  
Saturday: 8 a.m. – 5 p.m.



***Need Help?***

Call: 1-800-880-5305