

# LAGUNA HIGH SCHOOL

August 2008

Dear Parents and Guardians:

In recent years, the term *Health* has acquired a much greater significance. It no longer means simply an absence of sickness, but refers to well-being of the body, of the mind, and of relationships among people.

Every day, students are confronted with important decisions about how to maintain wellness. They need to be well informed so they may make responsible decisions. To achieve this goal, we will be teaching and reinforcing the life skills students need to weigh options and to make responsible decisions which promote a healthy lifestyle.

Family involvement is a vital part of this health education process. While studying health, your son or daughter may come to you with questions or seek your help with projects. These are opportunities for you to share in your student's growth and development at a critical time in his or her life. With your support, students can make the right choices to prepare for a healthy future.

From time to time, certain sensitive topics are addressed in high school classes. These include sex education, venereal diseases and AIDS, among others. Under the laws of the State of California, you have certain rights with respect to instruction in these areas. First, you may request that your student not attend the class sessions in which these topics are discussed. Secondly, you have the right to review books, materials, films, etc. before these sensitive issues are presented to the students.

If you would like to take advantage of your rights outlined above, please notify me and we will make the necessary arrangements. We also know that some students may find sex-related or other sensitive topics offensive. These students may request to transfer to another class during the time of the discussion. If you have any questions regarding this letter, please feel free to contact me.

Sincerely,

Ross Bickford  
Principal

Please check one of the appropriate statements below:

\_\_\_\_\_ I **DO** want my student to participate in sensitive issues.

\_\_\_\_\_ I **DO NOT** want my student to participate in sensitive issues.

\_\_\_\_\_ I would like my student to participate in all but the following:

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\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

TO BE RETURNED